

DOT.PRO CHAIR INSTRUCTIONS FOR ADJUSTMENT

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- ① **SEAT HEIGHT:** Pull up on the paddle lever and allow the gas-spring to lift the seat. Release the lever when the desired height is reached.
- 2 **BACK TILT LOCK:** With the lever in the pulled-out position, push the backrest to the desired tilt position and then push the lever in to lock. To release simply pull the lever out.
- 3 **SEAT TILT SPRING TENSION:** Rotate the knob clockwise or anti-clockwise to increase or decrease tilt resistance.
- 4 **SEAT DEPTH:** Pull the handle out and slide the seat forward or backward. Release the handle when the seat is at the desired position.
- (5) **ARMREST HEIGHT ADJUSTMENT:** Press the button on the back of either arm-rest to unlock. Then slide arm-rest up or down to the desired height and release button.
- 6 ARMREST POSITION ADJUSTMENT: The armrests can be individually slid forward or back and rotated from side-to-side to a desired position.